

## PE NIT TERM1 2017

I offer 45 minute sessions once a week with most of our F - 5 classes this year, often in 3 week blocks to reinforce individual sport skills. I also work with class teachers, combining our PE programs to practise these skills. And I always encourage children to enjoy some ' PE homework ' with family. Can you help?

My PE focus for early years (F-2) is fundamental movement skills, exploring locomotion (throwing, catching, running, skipping etc.). For primary years (3-5) it is games and sport. My focus for the first assessment will be ' throwing and catching' for each F-5 student using a variety of equipment, targets and games to suit all ability levels.

My second block will be the 'HotShots' Tennis Program , Tennis Australia's official development program for primary aged children: using tailored equipment, including smaller courts, racquets and low compression balls ensuring children are introduced to tennis suited to their age and skill level.

My third focus will be cricket skills for our F-2s, using the excellent ' Milo ' in2 Cricket' resource and dovetailing with in - school clinics run by SACA. Our primary and middle years will work on advanced cricket skills and games, boosted by the free SACA clinics.

All sessions begin with a warm up e.g. red rover, rabbits hares 'n' foxes, passport, do you dare? , relays etc. During hot weather, indoor activities will include indoor or scooter hockey, twin towers , gaga ball and dodge ball.

We have won a further 'Sporting Schools' government grant of \$2500 for term 1 this year to employ coaches for F -7 skill clinics: to kick off we'll employ Volleyball SA . I continue to explore free clinics offered by our local community sporting bodies e.g. Basketball SA, book them up, and incorporate them into our PE program.

I'm looking forward to a fun, active term.

Terry Ahern

KPPS Sport Teacher